

## MARCH 2018

Call 321-6816 to make a lunch reservations. Reservations accepted based on availability. You may request an alternate entrée of chicken or fish when you make your reservation. Skim or 2% milk, margarine and condiments are available at each meal. A dessert alternative is available for those with dietary restrictions. Seating begins at 11:30am. Donation of \$5.00 for people 60 and over. Cost is \$10 for under age 60. Coffee or tea is \$.50 extra. Menus are subject to change. Transportation is available for those 60 and older and residents of East End, Hyde Park, Madisonville, Mt. Lookout, Oakley, O'Bryonville and South Norwood.

| Monday  | Wednesday   | Friday  |
|---|---|---|
|   |   | 2<br>Cheese Stuffed Pasta Shells<br>Tossed Salad<br>Garlic Bread<br>Juice<br>Ice Cream  |
| 5<br>Meatloaf with Gravy<br>Mashed Potatoes<br>Peas<br>Juice<br>Roll<br>Cupcake                     | 7<br>BBQ Chicken<br>Corn<br>Potato Salad<br>Fruit Slice<br>Roll<br>Fruit Strudel  | 9<br>Baked Cod<br>Macaroni and Cheese<br>Green Beans<br>Rye Bread<br>Fruit Cobbler  |
| 12<br>Spaghetti and Meat Sauce<br>Tossed Green Salad<br>Fruit Juice<br>Garlic Bread<br>Ice Cream    | 14<br>Cajun Sausage<br>Rice and Beans<br>Cottage Cheese and Fruit<br>Corn Bread<br>Peach Cobbler                                  | 16<br><b><u>St. Patrick's</u></b><br>Irish Stew or Baked Fish<br>Boiled Vegetables<br>and Cabbage<br>Irish Soda Bread<br>Applesauce<br>Key Lime Pie |
| 19<br>Pork Roast<br>Sweet Potatoes<br>Green Bean Casserole<br>Biscuit<br>Juice<br>Root Beer Float   | 21<br><b><u>Birthday Party</u></b><br>BBQ Ribs<br>Baked Beans<br>Potato Salad<br>Fruit Slice<br>Roll<br>Ice Cream and Cake        | 23<br>Baked Tilapia<br>Rice Pilaf<br>Brussels Sprouts<br>Rye Bread<br>Fruit Parfait   |
| 26<br>Swedish Meatballs<br>over Noodles<br>Beet Salad<br>Mixed Vegetables<br>Roll<br>Pineapple Cake | 28<br><b><u>French Picnic</u></b><br>Turkey, Ham,<br>Cheese Croissant<br>Lettuce and Tomato<br>Cottage Cheese and Fruit<br>Éclair | 30<br>Arctic Char<br>Duchess Potatoes<br>Stir Fry Vegetables<br>Roll<br>Assorted Desserts   |

